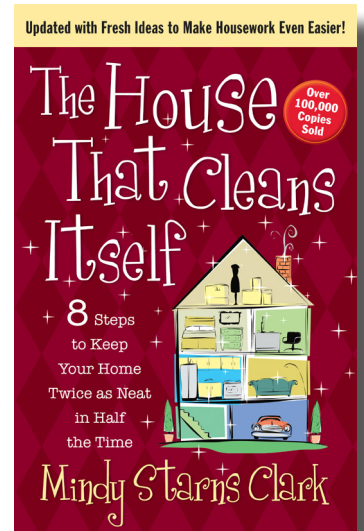


Book Group Discussion Questions

THE HOUSE THAT CLEANS ITSELF

by *Mindy Starns Clark*



1. In *The House That Cleans Itself*, Mindy says that some people are not "naturally gifted" at housekeeping? Do you agree or disagree with this statement? Do you have any natural housekeeping talent?
2. Which of the following most closely describes the housekeeping situation you grew up in:
 - a. You were taught to clean in word and deed.
 - b. You were taught to clean in word but not deed. (Someone told you how but that wasn't modeled consistently in your home.)
 - c. You were taught to clean in deed but not word. (Your house was clean but no one really taught you how it was done.)
 - d. None of the above.
3. Mindy states that some people have trouble keeping a clean house because, for them, housekeeping comes with a lot of emotional baggage. Have you or someone you know experienced this? How were those negative associations overcome—or were they? When you think of cleaning, what is your primary emotion?
4. Why might impairments like ADD or OCD contribute to a messy house? If you or a family member struggle with either of these conditions, how do you compensate for it when it comes to keeping the house clean? Do you find yourself feeling resentful about this impairment?
5. Did you read the first version of this book, which came out in 2007? How do you think it compared with the new version? Do you find this one easier to follow? Would you recommend it to others?
6. Mindy suggests conducting a prayer walk through your home before you begin your house conversion in earnest. Have you ever prayer walked? Would you consider doing a prayer walk through your home? If you already have, share a meaningful insight or experience that came as a result of your prayer walk.
7. Which of the statements in Chapter 9, "Explore the 'Why'", resonated for you?
8. What was your favorite innovative idea that you will take from Mindy's book?
9. What was your favorite Most Embarrassing Messy House Moment? Do you have one of your own to share?
10. If you built a House That Cleans Itself from scratch, what creative-problem-solving design element would you invent or include?